



THE ingles TABLE

Unicoi Preserves

Mollie's Sour Cream Muffins

This recipe was handed down to Clark from his mom, Mollie Neal. Fast, easy and delicious!

Ingredients:

1/2 cup Laura Lynn butter
melted 1/2 cup Laura Lynn sour cream
1 cup Laura Lynn Self-Rising Flour

Directions

Preheat oven to 400 degrees.
Spray mini muffin pan with non-stick spray
Stir together melted butter and sour cream, then add flour and mix to incorporate.
Drop batter by heaping tablespoons into muffin tin.
Bake 15 – 20 minutes until lightly golden.
Great served with your favorite Unicoi Preserves (available in the Ingles deli).
Yield: 12-14 mini muffins.

