



THE ingles TABLE

Michael McMurtrey

Ice Cream Sandwiches

Ingredients

2 Cookies (your favorite kind)
From the Ingles Bakery
1 scoop of Ingles Ice Cream
(your favorite flavor)
Sprinkles or chopped nuts
for garnish



Directions

Place one cookie on surface, bottom side up. Top with a scoop of ice cream. Put another cookie on top of the ice cream scoop and press firmly together. Roll the ice cream sandwich in sprinkles or chopped nuts to coat the ice cream. Place each cookie in the freezer as you prepare more.